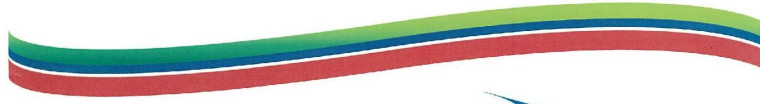


January
February
March
2018

New Minas



A good place to live

*The Village's
Community
Newsletter*

IN CELEBRATION WITH NEW MINAS 50TH,
THE VILLAGE PRESENTS...

**JAN
1**

New Years Day **LEVEE**



with live music from the hi-lites!

FREE!

Refreshments provided by The Fire Department Auxiliary!

LOUIS MILLETT COMMUNITY COMPLEX - LYNN SPENCER HALL

9 4 8 9 COMMERCIAL STREET, NEW MINAS

New Minas



@NMREC

www.newminas.com



@NMREC

Winter Programs

Drop in, or register on line and save \$\$ on our fun and affordable fitness classes!

To register, visit: www.newminas.com/recreation and follow the seasonal program links.

Please note that, while we do our best to ensure accuracy of information, all dates and times are subject to change post publication. Please call the recreation department to confirm details prior to attending classes and/or registration.

Fitness for All

Hatha Yoga

Come out and join us for gentle Hatha Yoga.

Get fit and have fun. | 14 Sessions January 16 – April 3

Multi Purpose Room 119

Time: 6:30 – 7:30 pm | Cost: \$6 to drop in, or \$70 for a 14 week session | *Instructor: Gary Ross*

Zumba

Zumba combines Latin and International music with a fun and effective workout system.

Mondays & Wednesdays - 12 Sessions January 15 – April 4

Louis Millett Community Complex - Facilities - Civic Centre

Time: 6:30 – 7:30 pm | Cost: \$4 drop in, \$70 registration

Instructor: Jessica Hutchinson

Youth Multi-Sport

Series of fun classes to help keep kids active through the winter. Sessions will include soccer, baseball, badminton and more. | Saturdays | Ages 3-4, 5-6, 7-9

\$25 for 8 week session, beginning late January

More details to follow – stay tuned to www.newminas.com

Cultural Programs

Kaleidoscope New Minas

Social recreation for special needs (16+)

January 17 - June | Youth Room & Gym

Wednesdays, 9:45-11:45 am

\$5 drop in (on-line registration is not available for this program)

Girls Night Out

Social Recreation for girls aged 9-13

January 19 – April 6 | Fridays, 6-8 pm

\$10, must register on line.

Call New Minas Rec for more information 902-681-6577

Village of New Minas March Break Day Camp

New Minas Recreation offers a safe and fun environment for campers, ages 5-13 this March Break! We enjoy a wide variety of activities - games, trips, arts & crafts, movies and more, all under the direction of our qualified and dedicated staff! Come spend your March Break with New Minas Rec!

Junior Camp: Ages 5-8, max 25 | Senior Camp: Ages 9-13, max 25 | \$100

MUST REGISTER ONLINE AT NEWMINAS.COM.
Registration opens February 1, 2018

\$2 Drop In Programs

Pickleball

Mondays & Fridays, 1-3 pm | Wednesdays 7-9 pm | Gym

Ladies Only Pickleball

Thursdays, 1-3pm | Gym

Badminton

Tuesdays, 7-9 pm | Gym

Card Parties

Saturdays, 7-9 pm | Ongoing | Room 120

Fit as a Fiddle

Fun Senior Fitness | Tuesdays & Thursdays

2 Sessions: 9-10 & 10:15-11:15 am | Gym

Open Gym

Saturdays, 5:00 – 9:00 pm & Sundays, 5:00-7:00pm

Children 12 and under MUST be accompanied by an adult 18 years of age or older

Free Programs!

Coding Club

Socialize, hangout and learn about *Scratch* programming

Bring your own Laptop | Ages 8+ | Room 119 | 7-8:30 pm

Mondays and Wednesdays (ongoing)

RadSquad (formerly RadGirls)

For Youth aged 13-18 | Hangout, get active, volunteer...little bit of everything!

new date Mondays, beginning January 15, 6-8 pm | With Michele Elderkin | Youth Room, LMCC

Valley Youth Project

A safe and supportive space for LGBTQ+ youth and their allies to meet, share, and foster a community.

1st and 3rd Wednesday of each month, 6:30-8:30 | Youth Room, LMCC | Begins January 17



Louis Millett Day Recovery Program

This program is designed especially for older adults managing several health problems who want to become steadier on their feet and more physically active, but don't know where to start.

New Minas Recreation is offering a functional fitness program in partnership with Seniors LINCS therapists, in the Lynn Spencer Hall two mornings per week. The therapists will be leading individual and group activities. Our goals are to improve your endurance, muscle strength, and balance. For participants, this may feel like improved ease in your daily routine and confidence while walking.

Expect to work in the program for 8 -12 weeks.

Please phone Erica at 902-681-9699 to see if this program is right for you!



POP Quiz

What do you do with grease and fat left over from cooking?

- A) Flush it down the toilet
- B) Dispose of it in the green bin
- C) Dump it down the drain

If you answered B you are correct!! Grease and fat solidify in our waste water systems, causing a lot of grief for our staff and costly repairs to infrastructure. Our sewer systems are not designed to deal with grease and fat because when this material solidifies, it binds with other particiles creating BIG problems—the cost of which gets passed along to ratepayers. Please help us keep the waste water infrastructure clear of 'fatbergs' by disposing of cooking grease and fat in your green bin. Our Public Works staff thank you in advance!!

NEW MINAS TURNS 50 YEARS OLD IN 2018!

It's true! We know, we look good for being half a century old! To commemorate this milestone, the Village will be hosting a series of events throughout the year, culminating in a birthday bash at the end of the summer. We hope you will help us share in the festivities that we have planned. To start our year-long celebration, we are kicking things off with a New Years Day Levee, followed in February by a pancake breakfast & sledding party.

New Years Day Levee – January 1st

As part of the *New Minas 50th Birthday Celebrations*, stop by the LMCC on New Year's Day for some coffee, tea and snacks, courtesy of the New Minas Volunteer Fire Department Auxillary.

January 1st, 1:00-3:00pm

Pancake Breakfast and Sledding Party- February 10th

Presented by the New Minas & District Lions Club & New Minas Recreation

Join us for a pancake breakfast followed by a sledding party in Lockhart Ryan Park!

New Minas Recreation will provide snowshoes, cross country skis and hot chocolate.

February 10th, 9 am



@NMREC

www.newminas.com



@NMREC

Community Contact Information

9489 Commercial St., New Minas, NS B4N 3G3 | www.newminas.com Phone: 902-681-6972 Fax: 902-681-0779

Animal Control	902-678-3647
Annapolis Valley Health	Website: www.avdha.nshealth.ca
Building Permit Inquiries (Kings County).....	902-690-6152
Louis Millett Community Complex Rentals.....	902-681-9699
Councillor Jim Winsor, District 11-New Minas.....	902-678-7776 , councillor.winsor@county.kings.ns.ca
Department of Environment	902-679-6086
Kings County Family Resource Centre	902-678-5760, www.kcfrcc.ca
Kings County Recreation	902-690-6124
Lockhart & Ryan Memorial Park Inquiries (fields).....	902-681-9699
MLA Keith Irving, Kings South	902-542-0500, keith@irvingmla.ca
MP Scott Brison, Kings-Hants.....	902-542-4010
	Email: kings.hants@ns.sympatico.ca
Minas 50+ Club	902-681-1633
Municipality of Kings County.....	902-678-6141
	Website: www.county.kings.ns.ca
New Minas Volunteer Fire Department (NMVFD).....	902-681-6661
NS Power	1-800-428-6230
Planning and Development Inquiries (Kings County)	902-690-6139
Police General Inquiries-RCMP.....	902-679-5555
School/Busing Inquiries.....	902-538-4600
Sidewalk Inquiries.....	902-681-6972
Street Inquiries (Dept. of Transportation).....	902-679-6122
Street Light Inquiries/Emergencies	902-681-0430
Street Signs (Dept. of Transportation).....	902-679-6122
Tax Bills (County).....	902-690-6147
Tax Bills (Village).....	902-681-6972
Traffic Lights (Dept. of Transportation).....	902-679-6122
Valley Regional Hospital.....	902-678-7381
Valley Waste: Garbage/Recycling.....	902-679-1325
View all approved Village Minutes.....	Website: www.newminas.com
Village Bylaws.....	902-681-6972
Village Commissioners Contact Numbers.....	902-681-6972
Village General Business.....	902-681-6972 / Fax 902-681-0779
Village General Business on line.....	Website: www.newminas.com
Village Recreation Programs & Events.....	902-681-6577
Village Water/Sewer/ Tax Bills/Inquiries.....	902-681-6972
Village Water/Sewer Inquiries/Emergencies.....	902-681-7750
Welcome Wagon	1-866-824-5363

New Minas Village Commissioners

Dave Chaulk works for K-Rock and is the Chair of the Commission. He has 12 years of service with the Village. He can be reached at dave.chaulk@bellaliant.net or 902-681-2387.

Jim Redmond is the New Minas Fire Chief and has served on the Commission for 23 years. He can be reached at 902-681-7595 or nmvfd@ns.aliantzinc.ca

Maynard Stevens is the Vice-Chair and is also the Chair of the Water Commission. He has served 10 years and is currently serving his 4th term. He can be reached at 902-681-2040 or maynard.stevens@ns.sympatico.ca

Ken Pineo is retired from the Nova Scotia Department of Justice and has been on the Commission for 4 years. He can be reached by phone 902-681-0173 or email: kpineo@gmail.com

Mary Munroe is retired from Acadia University and is serving her 5th year with the village. She can be reached at 902-681-5882, or mary.munroe1@yahoo.ca